

## **Reflective Practice to Support Family Visiting in Rhode Island Large Group**

Hours: 2d /9h.

Trainers: Bradley Consultants (R. Silver, C. Low)

List Competency®/ total 9

**Theoretical Foundations:** 1 hour/1 competency

- Relationship-focused, therapeutic process

**Direct Service Skills:** 1 hour/1 competency

- Observation and listening

**Working with Others:** 2 hours/2 competencies

- Building and maintaining relationships
- Resolving conflict

**Communicating:** 1 hour/1 competency

- Listening

**Thinking:** 1 hour/1 competency

- Maintaining perspective

**Reflection** (choose 4 areas/4 competencies)

- Contemplation
- Self-awareness
- Curiosity
- Professional/personal development
- Emotional response
- Parallel process

## **Focus on Reflective Practice: Small Group Experience for Family Visiting**

Hours: Up to 24 hours (2 hours a month, 12 months)

Trainers: Bradley Consultants (Silver, Low)

List Competency®/ total 24

**Theoretical Foundations:** choose 2 competencies

- Infant/young child and family-centered practice
- Relationship-focused practice
- Therapeutic practice
- Family relationships and dynamics
- Cultural competence

**Direct Service Skills:** choose 2 competencies

- Observation and listening
- Responding with empathy
- Reflective Supervision

**Working with Others:** choose 4 competencies

- Building and maintaining relationships
- Supporting others
- Collaborating

- Resolving conflict
- Empathy and compassion

**Communicating:** choose 2 competencies

- Listening
- Speaking
- Group process

**Thinking:** choose 2 competencies

- Analyzing information
- Solving problems
- Exercising sound judgement
- Maintaining perspective

**Reflection:** choose 12 competencies

- Contemplation
- Self-awareness
- Curiosity
- Professional/personal development
- Emotional response
- Parallel process